Appendix 1.

Glossary

Deficit-based model
Health services programs often use a deficit-based approach to health, such as markers of illness. A deficit-based approach can cause further stigmatization and stereotyping of Indigenous peoples without acknowledging the strengths and healing knowledge inherent in Indigenous cultures and knowledge. In addition, deficit-based approaches commonly fail to acknowledge that the roots of higher rates of illness are closely linked to colonization and intergenerational trauma and do not represent Indigenous characteristics.

Indigenous people in Canada
The Canadian Constitution Act (Government of Canada n.d.) uses the term “aboriginal” to describe all peoples of Indigenous descent in Canada. Three groups are distinguished: First Nations, Inuit and Métis. The term “Indian” and even the legal term “Status Indian” are considered to be offensive by many Indigenous people. It is, therefore, replaced by “First Nation,” a term not legally defined. It commonly refers to people with legally recognized status as well as those without legal status. Indigenous people are diverse – for example, there are over 630 First Nations communities and over 50 Indigenous language groups. For more information, see the website Government of Canada on Indigenous peoples and communities at: https://www.rcaanc-cirnac.gc.ca/eng/1100100013785/1529102490303.

Two-eyed seeing
Two-eyed seeing is a concept described by Mi’kmaw Elder Albert Marshall. It refers to “learning to see from one eye with the strengths of Indigenous knowledges and ways of knowing, and from the other eye with the strengths of Western knowledges and ways of knowing ... and learning to use both these eyes together, for the benefit of all (Institute for Integrative Science and Health n.d.).” See the Integrative Science website for more information at: http://www.integrativescience.ca/Principles/TwoEyedSeeing/.

Two Row Wampum
According to oral history, Two Row Wampum belts were created by the Haudenosaunee Nations to establish political protocols of non-interference between the European newcomers and their league of nations. These protocols were graphically depicted in the beaded belts and are the oldest forms of nation-to-nation treaties between Europeans and Indigenous people in North America.