

Retirement Decision-Making among Registered Nurses and Allied Health Professionals: A Descriptive Analysis of Canadian Longitudinal Study on Aging Data

Décision de retraite chez les infirmières autorisées et les professionnels paramédicaux : analyse descriptive d'une étude longitudinale canadienne sur le vieillissement

SARAH J. HEWKO, TRISH REAY, CAROLE A. ESTABROOKS AND GRETA G. CUMMINGS

TABLE 1. Demographic characteristics of RNs and AHPs ($n = 1,187$)

	RNs $n = 794$	AHPs $n = 393$
Age (years – at time of survey)*		
Mean (SD)	63 (10)	60 (11)
Range	45–87	45–85
Gender*		
Male	40 (5%)	85 (22%)
Female	754 (95%)	308 (78%)
Education*		
Less than a bachelor's degree	217 (27%)	43 (11%)
Bachelor's degree	445 (56%)	222 (57%)
University degree or certificate above a bachelor's degree	132 (17%)	127 (32%)
		1 missing
Household income*		
<\$20,000	9 (1%)	1 (0%)
\$20,000–\$49,999	135 (18%)	40 (11%)
\$50,000–\$99,999	309 (42%)	137 (37%)
\$100,000–\$149,999	166 (23%)	110 (29%)
≥\$150,000	117 (16%)	87 (23%)
	58 missing	18 missing
Marital status		
Single, widowed or divorced	293 (37%)	123 (31%)
Married or living with partner	501 (63%)	270 (69%)

	RNs n = 794	AHPs n = 393
Province of residence§		
British Columbia	168 (21%)	78 (20%)
Alberta	107 (13%)	40 (10%)
Saskatchewan	32 (4%)	11 (3%)
Manitoba	74 (9%)	34 (9%)
Ontario	160 (20%)	88 (22%)
Québec	110 (14%)	64 (16%)
Newfoundland and Labrador	53 (7%)	23 (6%)
New Brunswick	21 (3%)	8 (2%)
Prince Edward Island	17 (2%)	12 (3%)
Nova Scotia	52 (7%)	35 (9%)
Chronic disease (# of distinct chronic diseases*)		
Mean (SD)	1.1 (1.1)	0.9 (1.1)
Median	1	1
Range	0–6	0–6
	2 missing	
Weight status (Centers for Disease Control and Prevention 2017)*		
Underweight or normal weight	325 (41%)	185 (47%)
Overweight	275 (35%)	137 (35%)
Obese	190 (24%)	71 (18%)
	4 missing	
Number of children living in household*		
Mean (SD)	0.5 (0.8)	0.7 (1.0)
Median	0	0
Range	0–4	0–4
		2 missing

	RNs n = 794	AHPs n = 393
Self-rated general health		
Excellent	182 (23%)	97 (25%)
Very good	353 (45%)	180 (46%)
Good	202 (25%)	100 (25%)
Fair	50 (6%)	14 (4%)
Poor	6 (1%)	2 (1%)
	1 missing	
Self-rated mental health*		
Excellent	209 (26%)	120 (31%)
Very good	363 (46%)	182 (46%)
Good	179 (23%)	82 (21%)
Fair	40 (5%)	9 (2%)
Poor	2 (0%)	0 (0%)
	1 missing	

*Chronic disease – a total of nine “possible” chronic disease classifications included heart disease, high blood pressure, stroke, cancer, chronic obstructive pulmonary disease, asthma, diabetes, anxiety and mood disorder.

[†]p < 0.05 difference between RNs and AHPs.

[‡]No significance testing.