

## What Changes Would Manitoba First Nations Like to See in the Primary Healthcare They Receive? A Qualitative Investigation

Quels changements les Premières Nations du Manitoba souhaiteraient apporter aux soins de santé primaires? Une enquête qualitative

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### Appendix 1: Research Questions: Revised by Interviewer Test Group

These questions can be asked to both healthcare providers and community members.

All text within brackets [ ] [ ] are for your information only.

1. Please tell me one personal experience or story about the healthcare services that were provided to you in [name of community].
2. Please tell me what you feel are the strengths of this community? For example, your community may have a healing lodge – this would be strength.
3. Please tell me if there is anything that makes this community unique or different from other communities. For example, the community may have a community circle of healing – this would be something that is unique.
4. Please tell me what “being healthy” means to you.
5. Do you feel that your community is healthy?
  - a) [If “YES”] Please describe what you feel a healthy community looks like.
  - b) [If “NO”] Please describe what kinds of supports or services are needed to help the community be healthier. Think also about all those things that prevent people from getting sick in the first place.

6. Are traditional medicines used in your community?  
[If "YES," go to (a). If "NO," go to (c).]
  - a) [If "YES"] Please tell me about it.
  - b) How might someone access traditional medicine here? (Prompt: Can you give me an example/s?)
  - c) [If "NO"] Is there an interest in traditional medicine in the community? [If answer is again "NO" or "DON'T KNOW," then go to question (7). If "YES," go to (6)d.]
  - d) "What supports are needed to promote traditional use of traditional medicines?"
  
7. Do people seek care from traditional healers in your community? [If "YES," go to (a) If "NO," go to (b)]
  - a) [If "YES"] Please tell me about it. Please tell me how someone might access traditional healers here (please provide examples).
  - b) [If "NO"] Do people seek care from traditional healers from other communities? c) Is there an interest in traditional healing in your community? [If answer is again "NO" or "DON'T KNOW," go to number (8). If "YES," go to (7)i.]
  - c) [If "YES"] Is there an interest in traditional healing in your community? [If answer is again "NO" or "DON'T KNOW," go to number (8). If "YES," go to (7)d.]
  - d) [If "YES"] What supports are needed to promote use of traditional healing or healers in your community?

## Healthcare Staff

8. If you compare the health services that are provided here in [name of community] to services off-reserve, what would the differences be?
  
9. Please tell me what quality healthcare means to you.
  - a) Please describe how the strengths of the community play a part in quality care [can refer to answers they provided in (2) as a prompt].
  - b) Please tell me what is needed to improve the quality of care in the community.
  - c) If you could change something in the community that would make healthcare service delivery better, what would that be?
  
10. If you were to design your own health system for the community, what would it look like?
  
11. Is there anything else that you believe is important about health in your community that you would like to share?
  
12. We will be working together for the next five years. Is there anything that you would like us to follow up or look into further?