

The Role of Coaches within Academic Medical Departments: Is There Value to Integrating This into Academic Mentorship Programs?

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Appendix 2: Literature Resources Recommended by the Coach

i. Strategic focus/self-awareness/sense of purpose

Brian Bacon MASTER Program® – available online and in PDF from Oxford Leadership Academy.

Daniel Pink. *Drive: The Surprising Truth about What Motivates Us*. (Riverhead Books, 2009).

Simon Sinek. *Leaders Eat Last: Why Some Teams Pull Together and Others Don't* (Penguin, 2014, 2017).

ii. How to lead and build teams, or drive change

Patrick Lencioni. *The 5 Dysfunctions of a Team: A Leadership Fable* (Jossey-Bass, 2002).

John P. Kotter. *Leading Change* (Harvard Business Review, 2012).

iii. Dealing with change in life

William Bridges. *Managing Transitions: Making Sense of Life's Changes* (Da Capo, 2004).

iv. Managing time and having balance in life

Time management tools: <https://www.lifehack.org/articles/technology/top-15-time-management-apps-and-tools.html>. Several applications in this article are recommended to individuals.

Kenneth H. Blanchard, Marjorie Blanchard and D.W. Edgington. *The One Minute Manager Balances Work and Life* (Harper Collins, 1999).

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