

## **Mental Health of Nurses**

### **Call for Submissions**

Too many of Canada's nurses are dealing with personal mental health issues. Reports from HealthCareCAN and the Mental Health Commission of Canada (2016), the CBC (2018), and the Canadian Federation of Nurses Unions (Stelnicki et al. 2020), that pre-dated the pandemic, alerted the nursing profession to the enormity of the issue. The problem has only increased since the pandemic began. We know there is an issue – but what can nurse leaders do to support nurses in their workplaces?

The *Canadian Journal of Nursing Leadership (CJNL)* invites submissions that present strategies and solutions to improve the mental health of nurses. Submissions could include research papers, commentary/perspective pieces, and reports of innovative programs. The editors are also keenly interested in case studies detailing models for increasing mental health that have been successful in the workplace. See author guidelines at: <https://www.longwoods.com/pages/nl-for-authors> for information on manuscript preparation.

Guest editor for this issue is Prof. Joan Almost, School of Nursing, Queen's University with the support of the *CJNL* editorial team.

Issues to be highlighted might include but not limited to nursing leadership related to:

- Challenges and solutions within specific care settings (e.g., primary care, acute care, long-term care, community care, academia);
- Addressing compassion fatigue
- Building resilience
- Mitigating moral distress
- Designing healthy workplaces
- Increasing job satisfaction
- Developing policies that safeguard mental health

Submissions must include a cover letter that describes the purpose of the submission (e.g., lessons learned, case study, innovation, research), primary concepts and issues to be addressed, and the significance and/or implications for nurse leaders. Manuscripts must be submitted for review no later than January 15, 2021.

Submissions and questions should be directed to Dianne Foster Kent at [dkent@longwoods.com](mailto:dkent@longwoods.com)

## References

CBC News. 2018. *Inside a Nurse's World: Where Stress is Status Quo*. Retrieved November 5, 2020. <  
<https://www.cbc.ca/news2/health/features/ratemyhospital/nurse-survey-results/>

HealthCareCAN and Canadian Mental Health Commission. 2016. *Issue Brief. Workplace Mental Health*. Retrieved November 5, 2020.  
<[https://www.mentalhealthcommission.ca/sites/default/files/2017-01/Issue\\_Brief\\_workplace\\_mental\\_health\\_eng.pdf](https://www.mentalhealthcommission.ca/sites/default/files/2017-01/Issue_Brief_workplace_mental_health_eng.pdf)>

Stelnicki, A.M., N. Carleton and C. Reichert. 2020 *Mental Disorder Symptoms Among Nurses in Canada*. Retrieved November 5, 2020. <  
<https://nursesunions.ca/research/mental-disorder-symptoms>>.