

Poverty in Ukraine: Development, Validity and Reliability of a New Measure of Financial Strain for Young Adults

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Appendix 1. Financial strain scale

Numbers	Statement	0	1	2	3	4
EHQ1	Have to use second-hand garments or use hand-me-down garments, because new ones were too expensive to buy					
EHQ2	Wear shoes that were torn or damaged, because you/your family members couldn't afford to buy new shoes					
EHQ3	Feel that most of your/family budget goes on food					
EHQ4	Unable to buy as much meat for yourself/family as wanted					
EHQ5	Unable to buy as much dairy products (milk, yogurts, butter, ice-cream) as wanted					
EHQ6	Unable to buy as much fruits or vegetables as wanted					
EHQ7	Unable to have spending money for going to movies/opera as wanted					
EHQ8	Unable to pay your mortgage/house rent on time					

Instruction: Please indicate how often have you and/or your family members been in the following situations over the last year:

- 0 = Never
- 1 = Seldom
- 2 = Sometimes
- 3 = Often
- 4 = Always